HEALTH CARE VISIT AND ILLINESS RECORD

Use this chart to keep track of your child's health care visits. Also use this chart to keep track of your child's illnesses (such as ear infections or flu) and injuries (such as broken bones). A record of childhood illnesses and injuries will be useful even when your child is an adult.

Date	Illness/Reason for Visit	Treatment/ Medication

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HEALTH CARE VISIT AND ILLNESS RECORD

Date	Illness/Reason for Visit	Treatment/ Medication